



Wilderness Canoe Tripping – Crew Selection

Please answer honestly and feel free to elaborate. Your responses will remain confidential and help us build a strong, compatible team.

1. Personal & Health

Describe your age, physical condition, and any health factors that could affect your safety or the group's safety (e.g., injuries, medical conditions, allergies, medications, smoking habits). Be honest—this information is essential for planning a safe trip.

2. Experience, Skills & Comfort Zone

Summarize your wilderness canoeing experience (recent routes, skill level). What are your strengths, and what situations on a trip push you outside your comfort zone (e.g., long portages, rough water, long days, isolation, bugs)?

3. Goals & Expectations

What does a successful trip look like for you? What are your personal goals and priorities for this trip?

4. Route, Pace & Daily Rhythm

What pace, distance, or daily schedule do you prefer? Are there specific conditions that affect your enjoyment or sense of success?

5. Decision-Making, Leadership & Risk

How do you prefer decisions to be made in a group? How do you approach leadership vs following? What level of physical or emotional risk are you comfortable with on a trip?

6. Adaptability & Problem-Solving

Describe a time on a trip or outdoor adventure when things didn't go as planned. How did you handle the situation?

7. Group Dynamics & Conflict

How do you typically handle disagreements or tension in a group setting?

8. Contribution & Responsibility

What strengths do you bring to a group (e.g., navigation, cooking, morale, technical skills, social)? How do you approach shared responsibilities?

9. Personal Needs & Considerations

Are there any phobias, pet peeves, or essential needs we should know about?

10. Additional Information

Is there anything else about your experience, preferences, or personal needs that hasn't been covered?