



Lac Johnson is a quiet comfortable campsite, compared to the thundering roar of Grand Chutes where tent space is lumpy, and water has to be fetched down the cliff, using some kind of pail-in-the-well technique.

On Dumoine Time: Fast and Fun

Text and photos by jNeilson

Fast and fun sets the pace for a three day Dumoine run, between Bridge Rapid above Lac Benoit, ending at Driftwood Park, on the Ottawa River. The three day schedule is long tough days, on the water until after 7 p.m., and a maximum of three boats is advisable; any more and it would take too long to finish before dark.

Approaching summer solstice, it's an exhilarating rock and roll run in high water, suitable for advanced WW paddlers in excellent physical fitness, a wonderful climax to the Ontario spring wild water season. Running this section in four or five days allows more time to take a look at rapids that can become extremely technical and rocky in lower water, and facilitates

managing a larger, slower group. Crossing the treacherous Ottawa River, early on the last day, is advisable. Taking it easy on Dumoine time takes five days or more, and starting higher up at Lac Dumoine.

The Dumoine whitewater section between Bridge Rapid and the Ottawa River can also be split into two weekend runs, as the road to the ZEC Dumoine Grand Chute is now in good condition. For the upper run, vehicles can be left at ZEC with the shuttle wagon continuing to the put-in. The upper section from Bridge Rapid to Grand Chute is suitable for intermediate paddlers, as the many rapids are reasonably safe, with the exception of LINING Double Ledge Rapid immediately above



On Par 3 Rapid. Part of the Red Pine series of ledges on the Dumoine, riding the left tongue, paddlers must avoid the stunning eddie created in high water by the main channel which can spin a canoe around in nano-seconds, as well as avoid the final wall. Brian Corcoran and Jean Claud Lessnick scored a birdie!



Big Steel horizontal. Negotiating Big Steel Rapid on the Dumoine, Brian Corcoran and Jean Claud Lessnick enjoy the ride.

the first falls. Canoe Eater Rapid is always a challenge and in high water, it's a fun, tough ride, with the boulder garden submerged under big waves. In low water Canoe Eater is unforgiving, and can be run by avoiding the rock garden, slipping over the top ledge tight right and hugging the right shore. The remaining rapids are less difficult, with quiet sections below, though quite a few of the rapids have no portages.

The lower section, between Dumoine Grand Chute and Driftwood Park requires advanced whitewater skills, especially in high water. Red Pine Rapid is very long, with multiple difficult C3 ledges that can get extremely ugly if you dump, as the current is fast and furious. The ledges are close together, without much rescue opportunity for the lead boat. After successfully running all of the Red Pine ledges, Double Ledge Rapid may catch the over-confident unwary.

This rapid requires scouting, as on the water visibility upstream is deceiving. It is above a massive falls, with a big slow pool below, plenty of time for recovery before the falls.

On June 13-15, we loaded at Driftwood Park promptly at 8 a.m. with Noel LeClerc providing the shuttle service (613-586-2562) and put-in at Bridge Rapid at 10:30 a.m. Noel provides shuttles to all of the upper Ottawa Valley rivers. Although this was a combined WCA/YCCC trip, only two boats of advanced WCA intrepid paddlers took on the challenge, a tight team. Another WCA group left a day earlier, running in four days, but as this meant an extra day off work, combining the trips just was not feasible as the other group was running the Petawawa/Dumoine back to back. YCCC paddlers will be tackling the Dumoine the July long weekend, in rocky technical lower water. We probably only scouted four rapids, and ran the rest on sight, with the exception of Tight Round the Bend where diagonal waves thru the slots were tooooo risky above a falls, and reached Burnt Island Lake camp, after 7 p.m. Dumoine Time. It thundered and poured heavily all night on exhausted sound sleepers. The next

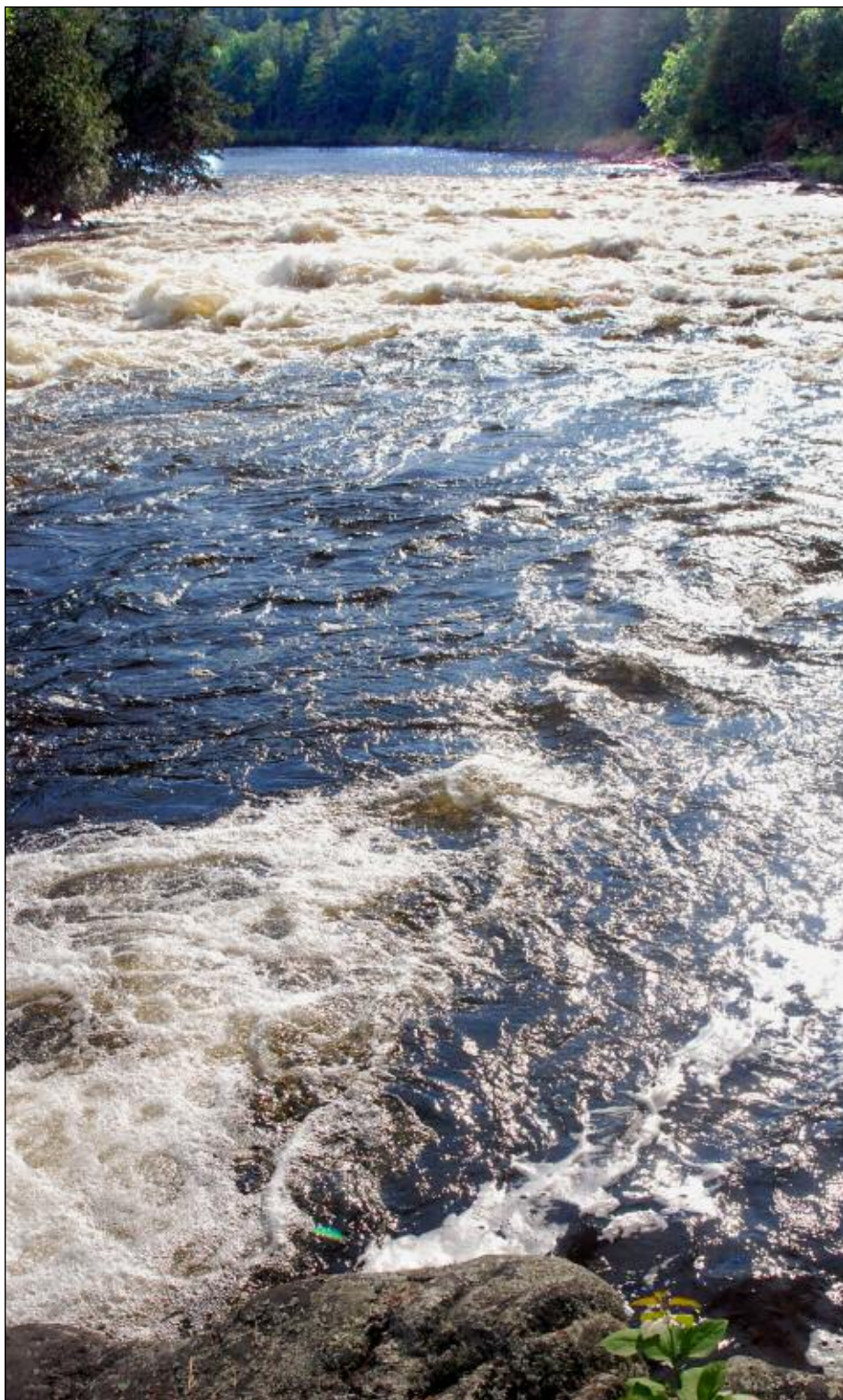


Grand Chute. Spectacular Grand Chute on the Dumoine, the first of four glorious Grand Chute waterfall.

morning, procrastinating pack-up until after a hearty breakfast, we did not beat the sudden heavy rain, and so all of the gear was sopping, making the packs maximum heavy for the long one kilometer portage around Grand Chute.

Below Burnt Island, the lakes may take longer against the wind, so an early

morning, pushing off at 8 a.m. could make a big difference. We left at 9 a.m. due to heavy rain, with no winds, and reached Dumoine Grand Chute about 5 p.m., with the one km portage consuming at least two hours. There is a put in below the last of the Dumoine Grand Chutes (there are at least four chutes)



Grand Chute Lower Run. The road up to Grand Chute ZEC is in good condition and facilitates a weekend of whitewater fun, running the monster runout below 4th Grand Chute and camping at Grand Chute. The put-in is a couple of hundred meters back up the scenic, more difficult portage trail.

with a fabulous rock and roll ride on C4 huge waves, a great opportunity to stretch paddling skills above a safe runout pool, but few attempt this stunning ride after the exhausting portage.

It's best to walk up the road at ZEC to take the longer portage and walk back along the difficult rocky windy footpath to view the spectacular chutes. Splitting the upper and lower sections at ZEC

Grand Chutes, also allows a vehicle to be deployed at Grand Chute portage which shortens the grunt by almost half, and eliminates hot sun and uphill. We camped at a lovely large site on Lac Robinson arriving there at 8 p.m.

Running Red Pine was a serious undertaking, which took at least two hours, scouting all of the ledges which in high water were challenging, and we ran them all, fast and fun. At the top ledge, both boats were suddenly grabbed by a strong left pull which was not anticipated as the tongue looked black, sleek, straight and fast. Planning to run the tongue on the left, both boats glided into position, only to find themselves too far left, grabbed sideways in the last eight feet by the powerful drop. Fortunately a combination of high adrenalin skills saved the day, as a dumped boat and swim from the top ledge all the way down to the bottom of the Red Pine series of ledges could have been ugly.

The last of the Red Pine ledges was classed as C2 with a safe runout, and there was no obviously-easy scouting, so we tackled it on sight. Big mistake. The center tongue took us over another ledge, which, according to Hap Wilson's diagrams (Rivers of the Upper Ottawa Valley) was supposed to be exactly there but from the top, quick decision, running right of the ledge looked even worse, and left looked a whole lot better, but we had already passed that option. Either way we enjoyed the biggest waves of the season, totally submerging with water up to our tits and according to Brian and JC, who gleefully followed their leaders, Brian actually got a mouthful in the face, through unplanned fast and fun rock and roll.

The sun was still high in the sky, Dumoine time, when we completed the final portage around the last thundering falls. The remaining eight kilometres to Driftwood Park was one of those rare calms: we enjoyed smooth glassy water with puffy clouds and blue sky water reflections the whole way across to the finish. Yeee. We sure did get away with it@/#! Leaving on Friday, June 13th was obviously a good omen.

Canine Companions

Dogs Love Canoe Trips Too



Checking a stump for a turtle.

Canoeing with the Dog

Text and photos by Bill Pollock

I know a lot of people own dogs and most of them don't really know why. They live in the city and have to follow their dogs with poop-scoopers. I live in the woods on thirty acres and the dog runs free, poops in the woods and never wanders far from home.

Being the dog of a forest engineer, he has lots of opportunities to get out in the bush. We have come to know each other rather well. He has learned to keep his distance from porcupines, but chases rabbits, squirrels and, oh yes, flushes grouse so they fly towards me. Well, he is a

springer spaniel and was bred to hunt, flush, and retrieve game birds. But, I don't hunt. His name is Tucker, but over the years it has slowly changed to something more like Tuckeetoo. He also catches the scent of bears that are close by and lets me know by running back to me whimpering, and, if I catch sight of the bear(s), I turn and walk in another direction. Not that I'm afraid of bears. My son and I once chased a big, male grizzly up a steep hill beside the Mara River in Nunavut in 1987.

The dog loves walking in the woods.

He gets all excited when I tell him we are going for a walk. He loves it when I get my boots out and start putting them on. He runs to the car when I open the door. He never gets lost, because of a bad experience he had when he was a six-month-old puppy. I took him in the woods and he lost me. I didn't lose him. I knew exactly where he was because he was yelping away trying to find me. After a half hour I went to where the yelping came from. Was he ever excited to be back with me. He has never lost me since. Never.



Flushing a flock of blacks.

People say that I talk to the dog. They also say that I talk to trees. So what do they know? The dog talks to me. So do trees. Because I know trees and I know the dog.

The dog also loves to go canoeing. I often take him on solo canoe trips. Lakes, rivers, whitewater, class 4; he has done it all. He just sits in the middle of the canoe catching as many scents as he can. On portages he is the first one out of the canoe and despite chasing hares and flushing grouse and the odd encounter with a deer or wolf, he is always the first one at the canoe when it is put in the water – and this after making two trips.

Occasionally he will see a turtle on a stump in the water off to the left or right.

His nose stretches out over the water to make sure. Then he looks at me pleadingly, then back at the stump, then back to me. So I know what he wants. “Let’s go check out that turtle” he has said. So I say “O.K.” and we paddle over to the stump. The turtle jumps off and swims away. The dog looks back at me saying, “O.K. we can go now” and I resume my direction.

Once he got the scent of something big on the shore. Yes, of course we had to go to shore. As soon as the canoe touched bottom he was out of it running through the woods. He was thrashing around, barking, yelping and carrying on. This went on for a good five minutes and then a tremendous noise as a moose came running out of the woods into the

lake and started swimming. The dog was close behind but stopped at the shore, looked at the moose in the water, looked at me, looked back at the moose, then came back to the canoe, jumped in, sat down, looked back at me, and said, in his usual, normal voice, “O.K. we can go now.” Then he looked back at the moose. Without a word I backed off the shore and turned the canoe on course. Shortly after he looked back at me again and nodding his head slightly said, “Thank you.” I guess he told that moose a thing or two.

I have a small tent, big enough for two people who really like each other – but ideal for one person and a dog. In the evenings after a hard day of paddling and portaging, I will feed the dog and myself and then go down to sit by the shore and contemplate the shrinking, natural beauty of wild places. Solo, silence and solitude. The dog often joins me, sitting close, catching scents, surveying the situation, with the occasional lick on my cheek. He knows I don’t like licks so he quietly leaves me and goes to the tent. Since the screen is closed he just sits there looking at the door and then at me. I catch him doing this and ask him if he wants to go to bed. He nods his head. So I unzip the screen and he jumps over my sleeping bag on to his blanket. He never lies on my sleeping bag. I don’t know why. Maybe it smells too bad or maybe he just has too much respect. He lies down with a very satisfied look on his face – maybe even a smile. It has been an amazing day for him – and a wonderful day for me.

Bill Pollock, Forester
TUCKAMOR TRIPS
bill@tuckamor.ca

Offering multi-day outdoor trips in Canada by canoe, on foot and on cross-country skis.

We invite you to visit our web site at www.tuckamor.ca for all our scheduled trips.



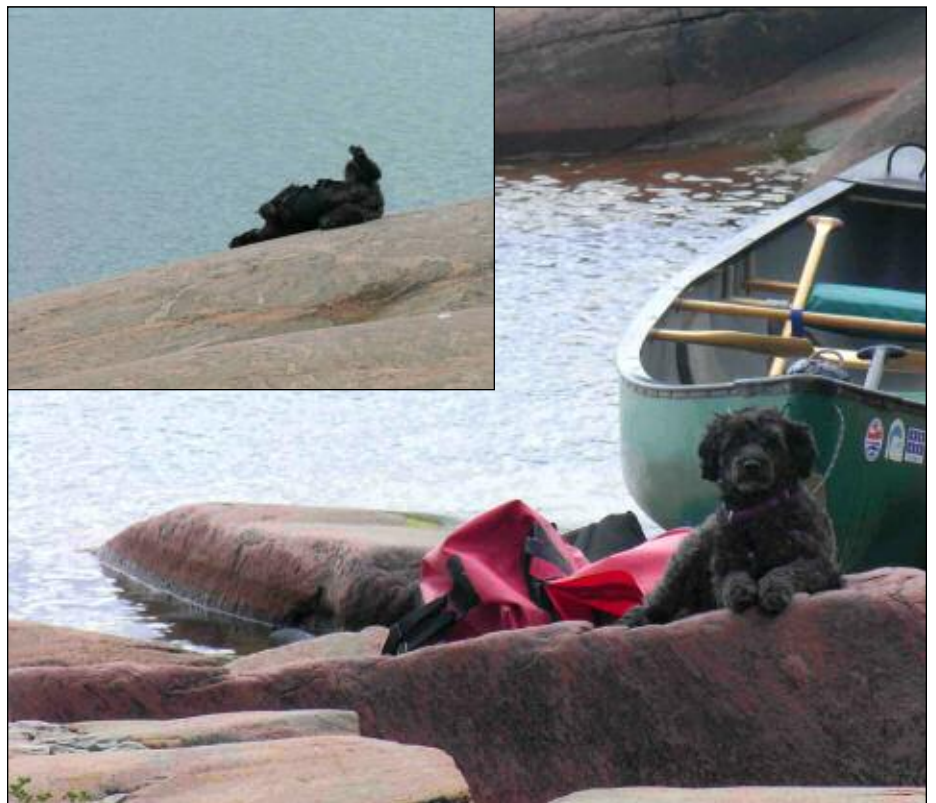
When are we going for a walk?

Georgian Bay Dog

Text and photos by Elizabeth Sinclair

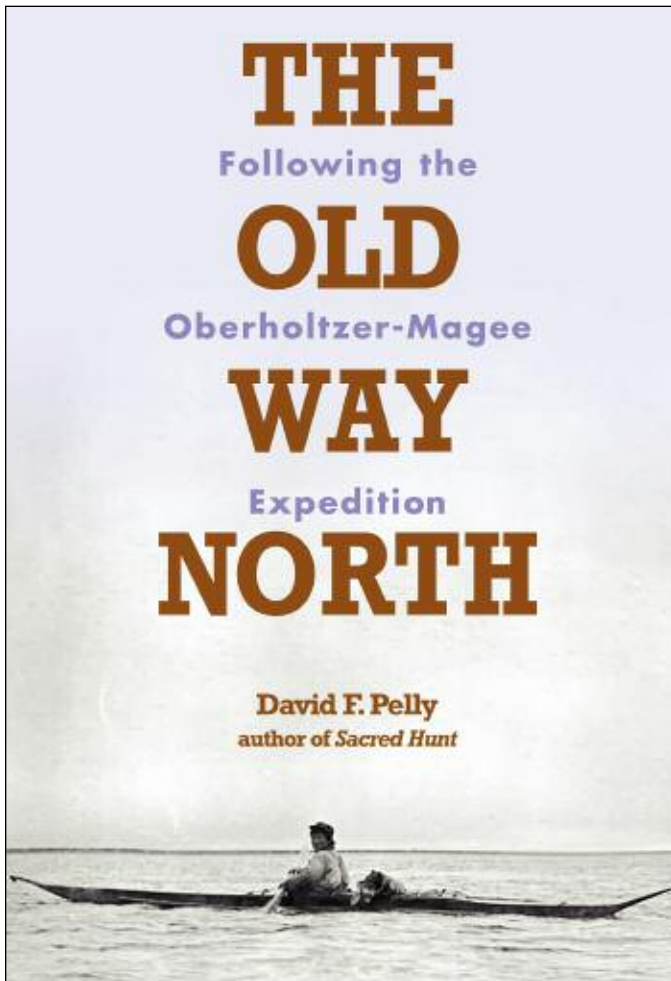
Finally, you jump out of the car at Chikanishing Creek, wondering if the long drive is really worth it. But once on the water, dog and gear crammed in, you forget about the distance. This shoreline, just south of Killarney, has got to be the most beautiful place in Ontario. The rock extravaganza at the mouth of the creek is a fabulous pink and orange colour and fills your senses with quiet exhilaration. Your gaze stretches out over the rock-strewn distance: nothing but water, sky and smooth rock as far as the eye can see. About a kilometer from the put-in (the parking lot is inside the park but the creek and coast is not), the creek opens out into the bay; with about another kilometer of paddling, you reach the shore of the second island. You would think it's too rocky, but this one has a gorgeous flat top, perfect for several tents. Yes, others have found this spot too, as there's a well-used fire ring but it's an easy climb from the shore.

It's a joy to be here: wind, waves, and nature at her most beautiful. And, we'll be on down the coast tomorrow.



It's good to be ashore. But aren't you ready to go yet?

Books and Writers



Jacket design: Bite, in his kayak, courtesy of the Oberholtzer Foundation.

A century ago, the Tyrrell brothers descended the Kuu (or Thelon) River. As they neared Baker Lake, elegant, slender kayaks appeared and easily outpaced their voyageur-driven canoes. They were in the land of the Caribou Eskimo...the sleek and eye-catching slim end horns in the Caribou and Iglulik Inuit kayak design are attractive and useful. With them, someone on shore, perhaps perched on a rock in the shallows, can steady the narrow, tippy craft as it starts off or returns. In case of upset, they provide handholds for rescuers. In a typical rescue not too far offshore, the capsized victim exits his kayak and is towed hanging on around the base of the upturned stern horn of the rescue kayak. The overturned craft is retrieved by righting it and towing it with the stern horn tucked under one arm.

This design was observed at Iglulik in the 1820's by Captains Parry (1824) and Lyon (1824,) being used for hunting caribou and sea mammals including bowhead whales.⁽¹⁾

⁽¹⁾ Caribou and Iglulik Inuit Kayaks: Arctic Profiles, Vol. 47, No. 2 (June 1994) p.193

David F. Pelly, *The Old Way North*, The Minnesota Historical Society Press, Borealis Books, 2008 Price \$27.95 Can. or see Chapters.com.

Whether you are an experienced or aspiring northern paddler, or an historian, this journey of pioneer, recreational canoeing will appeal to the adventurer in you. Brilliantly and meticulously researched, *The Old Way North* is a modern journey back to romantic eras of exploration and trade, surveying the accounts of Tyrell, PG Downs, Mackenzie, Franklin, Back, Hearne, Blanchet, Lowe, many Catholic missionaries and others along this route. The main character though is not our protagonist of 2005 but Ernest C. Oberholtzer whose trip of 1912 was told only in journals, until now. Alongside the impressive challenges of research in the north are captured, along the way, the ancient tradition of Manitoba, NWT and Nunavut's native people as he found it. Without them, this story could not be told.

In 1912, the twenty-eight-year-old Oberholtzer, enticed by the unknown and the desire for adventure and inclusion, hired the native guide Billy Magee and embarked on his voyage of discovery. His journal is the only record of his story but the memories of him tell us much on his interactions along the way. Likewise in 2005, David Pelly, in a similar spirit and desire for knowledge of the north, leads us along in almost documentary fashion. This juxtaposition transports us to another age, a window into our archetypal motivations. The compelling narratives of catholic priests or Oberholtzer or Pelly explore the difficulties encountered throughout the ages of our knowledge, experienced only in the doing, only in the wild land of another civilisation.

Following the old trail of Mr. Pelly reveals to us a new view of our past and an appreciation for what we have lost in the advance of civilization. Yet the experience of tracing this path allows us considerable insight through first-hand experience and the recovery of oral histories that otherwise would be lost.

We are left with the knowledge that the north holds many secrets to be extracted. The experience of Pelly's journey revisits anew the difficulties and skill of travelling in the old way. That we continue to overcome the old ways in the insatiable search for adventure seems to be our heritage.

The editor



Unknown photographer, copyright 2008 the Ernest C. Oberholtzer Foundation. Reprinted with permission from *The Old Way North* by David F. Pelly, 2008, page 4.

About the Author

David Pelly first visited northern Canada in 1977 on a canoe trip, in search of the larger wilderness experience. Having grown up in southern Ontario, he learned to canoe in Shield Country, and developed an attachment to the outdoors at a young age. The North got under his skin, as they say, so immediately after the 1977 expedition on the Back River – one of the North's wilder and more remote big rivers – he began looking for ways to return.

In 1982, David organized and led a 52-day canoe trip down the Kazan River, with a group of paddling friends, terminating at Baker Lake. As he says, "At the end of that trip, everyone else with me had jobs or families to return to. I didn't. So I set up my tent in the middle of town, made some popcorn, and soon had many new friends."

For several years in the mid-1980s, his life revolved around Baker Lake. "My first teacher there was the late elder, David Mannik. I owe so much to him and his family." In the course of his time in Baker Lake, David established himself as a frequent contributor to Canadian Geographic magazine, honed the techniques of conducting oral-history interviews, wrote his second book, entitled

Qikaaluktut, and began doing contract work for the territorial government.

Over the years, he has completed research and writing contracts for Parks Canada, both the Nunavut and NWT territorial governments, the Inuit Heritage Trust (IHT), Nunavut Tunngavik Incorporated (NTI), the Nature Conservancy of Canada, and World Wildlife Fund Canada, among others.

In 1989, David met his wife, Laurie, on the Thelon River, while on assignment for Canoe magazine to do a story about the Thelon Sanctuary – Canada's oldest and largest, fully-protected wilderness area which was, at that time, under threat. The ultimate result was David's fifth book, *Thelon – A River Sanctuary*, the river valley's story, published in 1996.

By that time, they were living in Cambridge Bay, on Victoria Island in the high Arctic. During his six years resident in this community of 1,300 people, 80% Inuit, 1,200 miles from the North Pole, David continued his research and writing activities, wrote his sixth book, *Sacred Hunt*, served as a volunteer Director of the Kitikmeot Heritage Society, and executed an array of projects for that organization, including the development and

design of a new Culture & Heritage Centre in Cambridge Bay.

Over the past thirty years of Arctic-related work, besides his books, David has written scores of magazine articles, acted as a curator for two exhibitions of Inuit art which toured across Canada, served as a writer or script advisor to several documentary films, exhibited internationally his photographs of the land and the people, accumulated a wealth of oral-histories from Inuit elders, and lectured across Canada and throughout Britain on a range of Arctic subjects.

Though David and Laurie, with their adopted Inuit son, Ayalik, have moved south to Ottawa, David continues to spend much of his time in the Arctic, on a variety of projects, contracts and assignments. "It was a canoe that first took me there," he says, "but it is the land and the people that have kept me coming back. I can't imagine not having the North as a big part of my life."

Visit: www.davidpelly.com

Other books by David include *Thelon, A River Sanctuary*, 1996, and *Sacred Hunt: A Portrait of the Relationship between Seals and Inuit*, 2001.

Cevapcici on the Lower Mad

Text by Dave Young and photo by Aleks Gusev



Barb and Dave Young.

Lured by the relatively high summer water levels and the promise of an unforgettable dish, “cevapcici,” nine brave souls accepted Aleks Gusev’s offer of a weekend paddle on the Lower Madawaska on the Aug. 23/24 weekend.

We were Khanh Nguyen and Marty Kulas (kayakers), Carolyn Young and Rick Pargeter (solo boats), Aleks Gusev and Kathleen Vee, Barry and Patti Hodgins and Dave and Barb Young (tandems).

It was a good thing that this “cevapcici” kept us all interested, because the

trip did not get off to a good start. Aleks had car trouble earlier in the week, which threatened to scuttle all of the plans including the famed “cevapcici.” This hurdle having been overcome with the aid of Rick’s pickup was followed by another incident also involving the pickup. After dropping off the canoes at Aumond’s Bay, we managed to lose one of our paddlers (Rick) for an extended period of time.

Despite the setbacks, we all eventually made it to the first rapid and the rest of Saturday was great! The river was su-

perb, the sunshine was superb and the paddlers were okay too. With three tandems, two kayaks and two solo boats, we were quite a diverse group, but everyone got along and in due course we returned to the Paddler’s Co-op for the renowned “cevapcici”.

As with any good meal, there was a time of preparation mixed with socialization, not to mention some tasty beverages and I must add that all of the anticipation culminated in a fine meal, which was enjoyed by all.

Dave

Find out about Cevapcici in the Food for Paddlers Section



Editors Wanted

Elizabeth Sinclair, current *Nastawgan* Editor, is transferring her editorial responsibilities to the interim transition team of qualified individuals. Since taking over the helm from Toni Harting three years ago, Elizabeth has done an incredible job of filling the large shoes Toni left behind! Elizabeth has decided, with heavy heart, to devote all her available time on attending to private matters that require her complete attention. *Nastawgan* should have a new editor (or a small team of editors) by the end of next year.

In order to accomplish this, one or more volunteers need to come forward from the WCA membership who are willing to undergo a training period of approximately one year (four issues), which should be sufficient to prepare them to take over this important, demanding, time-consuming, but ultimately highly satisfying job.

Main requirements are a good knowledge of the English language and strong motivation to produce a journal worthy of the WCA. Familiarity with the wilderness canoeing universe (environment, people, organizations) is assumed. Excellent organizational skills, ability to delegate, co-ordinate and solicit relevant content are required.

While it would be convenient for the Editor(s) to reside in Toronto, current state of technology does not make that a mandatory requirement.

If you think you could do a good job as the editor, or maybe as a member of an editorial team, please submit your name and credentials to the present Chair (see backpage for addresses, etc.).

WCA Board

CASH BELDEN 1938-2008

BELDEN, Cassius (Cash) - Suddenly at the Ottawa Civic Hospital, Ottawa on July 13, 2008. Cassius (Cash) Allen Belden in his 71st year. Beloved son of the late Cassius and Leta Belden of Brockville. Survived by his brother Ron and his wife Ann Olney of Lennoxville. Visitation will be held at the IRVINE FUNERAL HOME AND CHAPEL, 4 James Street East, Brockville on Thursday from 9:30 am until 11 o'clock when a celebration of Cash's life will be held in the Chapel. Interment will be at a later date at Oakland Cemetery, Brockville. In lieu of flowers in memoriams to the Heart and Stroke Foundation will be greatly appreciated. Visit a Celebration of Life online memorial at: www.irvinefuneralhome.com.

It was, if memory serves, at the 1980 Fall Meeting, held at Camp Tawingo, that the WCA Board called for a volunteer to bring the WCA into the computer age. Prior to that time the membership database was maintained on file cards and the quarterly newsletter mailing required laborious photocopying onto mailing labels – hard to conceive in this day and age. There were actually two volunteers! I cannot now recall the other, but the one chosen was Cash Belden, then Head of Computer Services at George Brown College. For the next 20 years, Cash generously contributed his time and effort (and, in the early years, the College's computer supplies!) to maintain the WCA membership database, continuing to do so even after his retirement and his move to Brockville. He used a program of his own devising which worked perfectly

for him but which proved completely “untranslatable” when the time came to pass the torch. In addition, as attendance mushroomed, Cash volunteered to take over registration for the Symposium – an increasingly daunting task, particularly in view of the fact that, in the 80's and 90's, the bulk of the WCA membership renewals arrived in January. After his move to Brockville in 1998, contact with Cash became gradually less frequent but we could usually count on seeing him once or twice a year at events such as the Symposium or the Fall Meeting.

Although never all that active as a canoeist (he preferred curling and golf), few members can be said to have made as major a contribution as Cash to the workings of the WCA.

He will be sorely missed.

Bill

Navigable Waters Protection Act and what it means to Canoeists

by Jeff McColl

The Act as it is now written gives us legal access to “minor waters” and defined by a court decision, any waterway that you can float a canoe.

It also has in it provisions to make any “works” (dams, booms bridges) anything that can impede navigation be made “known”.

The proposed changes will only cover waterways that a boat with at least one-metre draw can travel several kilometers, which removes just about every canoe route in the country!

By removing the minor waters and not identifying and protecting the access rights we have had over 100 years could open up a whole ugly can of worms. Just take a look at the beach wars going on in Georgian Bay because when they changed the laws in the mid 90's they did not address the access rights the public

had enjoyed before.

Also with the changes “works” on minor waters will no longer have to be made “known”.

It will handicap environmental activists, meaning they won't find out about an activity until it's probably too late.

The changes are short here on who is to pick up the reason abilities for these activities after the Dept. of Transport sheds these duties.

With parliament closing down in June and now the election there has been nothing visible from the bureaucrat side, but one would suspect that there will be changes put forward sometime in the first session.

On the court side the Kipawa case went to the appeals court mid September and we will have to wait for that ruling.

One our side, when this first hit the fan, there was little info out there and if you googled Navigable Waters Protection Act or NWPA our concerns were non-existent, that is not the story today. There are groups of various outdoor users that are also showing concern which means when any changes are put forward it will be easy to contact them quickly.

At the next stage we can only hope the big enviro kids, professional outdoor user groups and more of those that make a living writing about the outdoors find their voices, we really need to get into mainstream (pun intended) Canada. To be successful we will have to take a line from the Three Musketeers “All for one, and one for all.”

Jeff McColl
Conservation Chair

The WCA welcomes Jeff McColl, the new Conservation Chair

Well I have been on a fast learning curve since this all started with Erhards posting in this Environment forum several months ago and that's the easiest way to follow what has happened without writing a novel.

Getting info on this and other environmental issues is a real eye opener. There are a lot of people calling for help, and the simple fact is you can't be everywhere and save the planet with the cards seemingly stacked against you.

On this issue we have seen a variety of outdoors organizations show support and post notices online, which has caught the attention from both sides.

Since I was unable to get responses from some of the bigger hunt fish groups I decided to go in the back door, via their forums and have met with reasonably good success. I am who I am on all forums, jedi jeffi, so it is easy for people to cross reference my postings.

The hunt crowd has been a tough go, but the average fishing guy is just like the paddlers, totally passionate.

The postings on these sites and blogs are pretty well the same thing, just some micro changes on some postings to make it more a little more personal for each group.

So at the time of preparing this, an ef-

fort is being made to make this a visible issue in the election, only time will tell. One thing is for sure, no matter what happens in the next round there will be a lot of concerned groups making depositions, and that is a good thing.

I have received a lot of good information and support from the members here and their council has been of great value, hopefully I will represent you well.

Jeff McColl
Conservation Chair. W.C.A.

Jeff can be reached at:
mccolls@sympatico.ca

Wilderness First Aid/ Wine and Cheese Weekend

Wilderness First Aid Training November 8,9 2008

Registration: by email to aleks@gusev.ca and cc: info@paddlerco-op.com. Cancellation may or may not be possible. If you find it necessary, please notify organizer immediately. However, we cannot guarantee cancellation once you have registered.

Payment: Send the cheque payable to: Paddler Co-Op. Paddler Co-Op, 6535 Palmer Road, Palmer Rapids, ON, K0J 2E0

Meals: Course participants are responsible for their own meals, snacks and drinks. While it's possible to get food from nearby King St. & Queen St. establishments, it's more convenient to bring your own.

Clothing: Wear comfortable, layered clothing. Part of the training will be conducted outside, so bring warm clothes in case of cold weather.

Facilities: Club washroom facilities are scaled to handle large events and include hot showers and changing rooms.

Schedule 08 November

08:30 – 09:00 Meet & Greet with Coffee & Tea
09:00 – 12:00 Course
12:30 – 13:30 Lunch Break (each participant will bring their own)
13:30 – 17:00 Course

Schedule 09 November

08:30 – 12:30 Course
12:30 – 13:30 Lunch Break (each participant will bring their own)
13:30 – 16:30 Course

Lee Chantrell is a Paramedic with a wealth of experience in outdoor leadership and managing risk in adventure environments. A former river manager for a whitewater rafting company, Lee has ventured far a field, leading extended multi-day trips in Nepal and elsewhere. Lee is a member of the Wilderness Medical Society, with his teaching being endorsed by both the National Safety Council and the Emergency Care and Safety Institute. Lee is a passionate instructor and certified educator who brings a professional, practical approach to the wilderness first aid training.

Map: (in case you get lost or need any assistance whatsoever, call Aleks Gusev at 416 433 8413)

Location: Toronto Sailing and Yacht Club
1391 Lakeshore Blvd. West
Toronto, Ontario

Cost: \$175.00 + GST

* Program provided by Lee Chantrell and Paddler Co-op

WCA Fall Party (Wine and Cheese) Saturday, November 8, 2008 7:00 p.m.

The WCA Fall (Wine and Cheese) Party is a great time to meet old canoeing friends and make new ones. If you are new to the club, or not so new, and even if you are not a member, this party is for you. You can find out who belongs to the WCA, what the club is all about, chat to other members about recent outings, and get new ideas and tips for planning future trips.

This year we have something very different for you: A presentation by Dan Mallory, who fulfilled a dream this May and climbed Mt. Everest with his three children. He will talk to us about his experiences in preparing for this and the lessons he and his family learned from it, and share pictures of his climb. You can find out more about him and his family and the work they do in inspiring and encouraging young people to maximize their potential and to reach their dreams from his website: <http://www.malloryexpedition.com>.

We expect this to be a very popular evening. However, since the venue only takes 100 people, make sure you let us know as soon as possible that you will be coming. It will be a case of 'first come, first served', with priority given to members. If you are not yet a member – and this applies to guests of members – you can guarantee a place by sending in your application and cheque (<http://www.wildernesscanoe.ca/join.htm>).

Date: Saturday, November 8, 2008, 7:00 pm
Location: Toronto Sailing and Canoe Club
1391 Lakeshore Blvd. West, Toronto
Presentation: Mallory Family Mt. Everest Expedition
Admission: \$30.00 (This includes a contribution to the Mallory Expedition Fund).

For more information, please contact Gisela Curwen at 416-484-1471 or gisela.curwen@gmail.com

Food for Paddlers

Cevapcici

As you may have read Aleks Gusev lured paddlers to the Lower Madaswaka in August with his promise of Cevapcici.

Ah, what is “Cevapcici”? Well, you can ask any canoe instructor on the Madawaska: they’ll tell you it’s the most sought after meal on the river. Yes, indeed; trips are abandoned, plans are changed, clients left behind, and ferries botched, once the faint and distinctive aroma of freshly-made, lightly-flamed cevapcici rises up in the air from Paddler Co-op and wisps up the river...arranged like small fingers on the hot “lepinja” and covered with “kajmak”... sprinkled with chopped onions and hot paprika. You won’t soon forget them!

Who could resist?!

Cevapcici (pronounced Se-vop-chee-chee) is a Balkan dish of grilled minced meat (small sausages), of oriental origin, found in the countries of southeastern Europe. The Serbian recipe Aleks used includes serving the cevapcici (minced spiced veal that was grilled on a barbecue) in a warm flatbread (lepinja), with chopped onions and kajmak. Kajmak is a creamy dairy product, similar to clotted cream.

Recipe for Cevapcici

500 g minced veal
2 garlic cloves
50 g onion minced
40 mL natural mineral water
20 mL oil
hot chili to taste
pepper to taste
salt to taste

Method:

1. Combine all ingredients
2. Wet hands with water and shape the mixture into uniform rolls (small 5-8 cm sausage size)
3. Cook the Cevapcici on a hot, lightly oiled barbecue grill for 6-10 minutes, turning frequently.

4. For Cevapcici that falls off the grill into the dirt, wash off and pass to eager bystanders for a taste test.

If you would like to share your favourite tripping recipes, please contact: Barb Young, 12 Erindale Crescent, Brampton, Ont. L6W 1B5; youngj david@rogers.com.

Thinking about sharing your canoeing adventures with the WCA? Don't be shy. We need to hear from you. This newsletter is for the membership and your submissions are exactly what we want.

Send your idea in writing to the editor at:

journal@wildernesscanoe.ca

NOTICE Canoeing Partners Needed

I am planning a trip in July 2010 to do the Baillie into the Back and finish at Chantrey Inlet. I am looking for three more people and one more tandem whitewater canoe (with spraydeck – highly recommended). If you are interested, please contact Jack at j_frimeth@hotmail.com.



*Petawawa River, Crooked Chute, Thanksgiving weekend 2005.
Photo by Elizabeth Sinclair*

WCA OUTINGS

Fall 2008

**WANT TO ORGANIZE A TRIP AND HAVE IT
PRESENTED IN THE WINTER ISSUE?**
Contact the Outings Committee before December 15

For questions, suggestions, proposals to organize trips, or anything else related to the WCA Outings, contact the Outings Committee: Bill Ness, 416-321-3005, bness@look.ca; Gisela Curwen, 416-484-1471, gisela.curwen@utoronto.ca;

Scott Card, 905-665-7302, scottcard@sympatico.ca

**WCA outings and other activities may have an element of danger of serious personal injury.
You are ultimately responsible for your own safety and well-being when participating in club events.**

All Season HAVE PADDLE WILL TRAVEL

Scott Card, 905-665-7302, scottcard@sympatico.ca ----- I paddle whitewater nearly every weekend all year through, as long as I can find water that's liquid. If you want to get out on a river any weekend, just call me to find out where I'm headed. I go wherever there's good water. Longer trips also a possibility. Trip difficulty levels vary from intermediate to advanced. Open canoe, C1, or kayak welcome.

All Season FROST CENTRE CANOE ROUTES

Ray Laughlen, 705-754-9479 ----- There is some superb fall lake paddling in the routes out of the Frost Centre near Dorset. The leaves are beautiful and the crowds have left- as have the bugs. As I live in Haliburton and have a flexible work schedule, I visit the area frequently, especially during the week. If you would like to paddle with me, give me a call. Outings are suitable for novices.

October 11-13 PETAWAWA WILDWATER WEEKEND

Frank Knaapen & Jay Neilson, jneilson@nrtco.net, 613-687-6037, book immediately-----The Petawawa water level is reasonably high. We live beside the Petawawa, there is lots of water flowing down the river, enough for an exciting ride on the Big 5 - Big Thompson, Little Thompson, Crooked Chute, Rollaway, and the Natch will all be runnable. The water level may be low enough to allow experienced whitewater paddlers a clean run through Crooked Chute. There looks like enough water to float us down Five Mile Rapid, though it will be technical with possible dragging. Let's also not miss this opportunity to celebrate Thanksgiving in style, with pot roast turkey Paddlers arriving on Friday night will enjoy a luxury stay over and fine dining at our lakeside palace, only 10 minutes from Achray Road. We will get an early start on Saturday, after a warm and cozy sleepover.

October 20 BURNT RIVER

Bill Ness, 416-321-3005 or bness@look.ca, book by October 13-----An opportunity to work off the calories from last week's Thanksgiving dinner. An easy flatwater river trip from Kinnmount to above the village of Burnt River. The Burnt always has enough water to be paddled. Pretty scenery and a few short portages make this a good late season outing. A great day out for families or anyone wanting to enjoy the fall woods from a boat.

November 8 WINE & CHEESE PARTY

The WCA's famous paddling season finale. Don't miss it! Please see details elsewhere in this newsletter.

November 8,9 THE WILDERNESS FIRST AID COURSE

See the ad in the current newsletter. Contact Aleks at aleks@gusev.ca for more information.

November 16 OAK RIDGES TRAIL

Mary Perkins, 905-725-2874, mary.perkins@sympatico.ca, book, preferably by email, by November 9-----Paddling is over but don't go dormant. Join me for a walk on the Oak Ridges Trail near the Seneca College King campus. We will pass Eaton Hall (now part of Seneca College campus), Henry Pellat's brick barn and the Augustinian Monastery. The distance is 6 K through hardwood forest to Mary Lake and then 6 K back. Pub stop in Aurora after the hike. Meet at 10 am on 16th side road 0.7 K west of Bathurst St. 16th side road (known as Henderson Drive on the east side of Bathurst) is 2 K north of Bloomington Rd. and has road-side parking. Please include your telephone number in your email in case the whims of Mother Nature take a sharp turn towards winter.

November-December BLACK RIVER ICE-BREAKER

Bill Ness, 416-321-3005 or bness@look.ca, call anytime ----- It's not unusual for us to get late season rain, which brings the rivers up. However, at this time of year it's often very cool (a euphemism for cold) and the days are short. One of our favourite day trips at this time of year, if we have water, is the Black River near Washago as it winds through the Black River Wilderness Park. It's just an hour to an hour and a half drive for most of us in south central Ontario. The car shuttle is only 10 minutes long and the car never far away if you get cold. And best of all, it has a whole bunch of Class 1-2 rapids packed into that short distance. If the weather and water are really good, we can combine it with a short but challenging Class 2-3 section of the Head River nearby. We have a regular group of late season fanatics who enjoy it. As this outing is very much water and weather dependent, we make our decision to go a couple days in advance. If you want to be put on the call list, let me know.

January-March 2008 WINTER POOL SESSIONS

Bill Ness, 416-321-3005 or bness@look.ca ----- Despite the reduced number of high school pools in operation and escalating costs, we have managed to book our usual Scarborough pool at Albert Campbell Collegiate for Sundays from 5:00 to 6:30 pm. again at very favourable rates. We have 10 sessions from January 4 through to March 8. A whole winter of paddling pleasure costs you only \$100. Whether you're an experienced boater looking to refine your technique or a new whitewater paddler looking

for help with your roll, this is a great opportunity. Open canoes, C-1's & kayaks welcome. Call me as soon as possible to book a spot as space is limited. I do have a few extra boats that people can borrow on a first-come, first served basis.

January 17 PADDLERS' PUB NIGHT

Gisela Curwen 416-484-1471, gisela.curwen@gmail.com, contact by January 8 to register so we can book sufficient room. Join other paddlers for an evening of food, drink and good cheer to chase away the January blahs. It will be a great chance to get together and plan next season's adventures and re-live last summer's outings, or just watch a few paddling films running on the big screen in the background. As in the past, we are organizing this evening together with members of the Ontario Voyageurs Kayak Club. Meet 7.00 pm at Toronto's Bow & Arrow Pub, 1954 Yonge Street (second floor), just north of Davisville subway station.

January 31 CROSS-COUNTRY SKIING FIVE WINDS TRAILS

Gisela Curwen, 416-484-1471, gisela.curwen@gmail.com, book before January 20----- Come out for a day and explore winter wonderland on the marked, unroomed wilderness trail system in the scenic Gibson River area. Varied terrain. Limit six intermediate skiers.

May 2-3 SPRING IN MUSKOKA

Gisela Curwen, 416-484-1471, gisela.curwen@gmail.com, book before April 15-----We will paddle some lakes yet to be decided, where we will experience the returning birds and discover other flora and fauna emerging from hibernation. Maybe we will find the first turtles or cranberries from last Fall, as on previous outings. We'll hike and explore the surrounding area and clean up portages and campsites along the way. Limit four canoes.

ADDITIONAL TRIPS

Check our website at www.wildernesscanoe.ca/trips.htm for additional trips. Members may submit additional trips to the Outings Committee anytime at bness@look.ca. If you miss the Nastawgan deadline, your trip will still be listed on the website. Also, check the bulletin board at www.wildernesscanoe.ca/bulletin.htm for private, non-WCA trips or partner requests.

NEED A PARTNER?

If you're a tandem canoeist in need of a paddling partner, whether for a single trip or on a more regular basis, our website provides a valuable resource to help you connect with other members who want to get on the water. If you need a partner, please submit a message for posting to our website giving details.

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WCA Postal Address

P.O. Box 91068
2901 Bayview Ave.
Toronto, ON M2K 2Y6

BOARD OF DIRECTORS

Aleksandar Gusev
(Chair) (Illustrations Editor,
Nastawgan)
8 Valiant Road
Etobicoke, ON
416-236-7079
aleks@gusev.ca

Linda Gordon
lindaanngordon
@hotmail.com

Doug Ashton
doug.ashton
@rogers.com

Martin Heppner
Toronto, ON
416-465-1558
mheppner@anchor
securities.com

Jon McPhee
jon.mcphee@
rogers.com
905-640-8819

WCA Contacts <http://www.wildernesscanoe.ca>

Secretary

Bill King
45 Hi Mount Drive
Toronto, ON M2K 1X3
416-223-4646
lyonrex@rogers.com

WCA Outings

Bill Ness
194 Placentia Blvd.
Toronto, ON M1S 4H4
416-321-3005
bness@look.ca

Interim Editor

Tony Harting
aharting@sympatico.ca

Treasurer

Barb Young
youngjdavid@rogers.com

Webmaster

Jeff Haymer
Toronto, ON
416-635-5801
jhaymer@primus.ca

Membership and Computer Records

Anne Bradley
annebradley@sympatico.ca

Conservation

Jeff McColl
mccolls@sympatico.ca

Editorial Team:

Barb Young, Food Editor
Bill Ness, Outings Editor
Aleksandar Gusev, Illustrations Editor
Bob Henderson, Resource Editor

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